

# SYNCHRONY Rise

Recovery and Improvement from Stroke Effects

## Improving Independence and Quality of Life for People Who Have Suffered Strokes

**SynchronyRISE** is a program for evidence-based strategies for stroke rehabilitation. RISE stands for Recovery and Improvement from Stroke Effects. Synchrony Rehab offers this complete clinical program to provide dynamic services for stroke survivors exhibiting impairments that significantly compromise independence and quality of life.

### CLINICAL STRATEGIES:

**SynchronyRISE** is a flexibly designed clinical program that decreases the frequency and severity of stroke effects, including functional mobility, swallowing function and safety, communication skills, and cognition and safety:



#### Physical Therapy

- Tone Normalization
- Range of Motion
- Strengthening
- Positioning
- Contracture Prevention
- Coordination
- Postural Control and Balance
- Activity Tolerance
- Functional Mobility
- Safety Training
- Exercise Instruction
- Fall Prevention



#### Occupational Therapy

- Tone Normalization
- Range of Motion
- Strengthening
- Splinting
- Positioning
- Coordination
- ADL Training
- Adaptive Equipment and DME Selection, Education and Training
- Safety Training
- Home Assessment



#### Speech Therapy

- Swallow Improvement
- Cognitive-Linguistic Training
- Safety Awareness
- Speech Sound Production
- Receptive Language Enhancement
- Expressive Language Training
- AAC Implementation and Training

### QUALITY OUTCOMES

Through out comprehensive clinical approach, **SynchronyRISE** results in several quality outcomes:

#### IMPROVE

- ADL Performance
- Functional Mobility
- Functional Communication
- Swallowing
- Patient/Caregiver Satisfaction
- Quality of Life
- Safe Discharge to Community

#### REDUCE

- Modified Diets
- Acquired Neumonia
- Re-hospitalizations
- ED Visits
- Risk of Complications (*Falls, Contractures, Pain, Pressure Ulcers*)

### FOR MORE INFORMATION

For more information on **SynchronyRISE**, please visit

[www.synchronyrehab.com](http://www.synchronyrehab.com) or call **1.800.335.1060**.

**SYNCHRONY**  
REHAB

